

The Dutch Health insurance

Are you going to work in the Netherlands and / or have you taken up your residency here? In that case it is your right *and* duty to apply for a Dutch Health Insurance. We can give you all the basic information that you require in order to apply for a health insurance. At the bottom of this webpage you can leave us your details and we will call you back within three days, in your own language.

Which arrangements do you need to make in order to apply for a Dutch Health Insurance?

If your home country is a EU or EER listed country? Then you will need...

- a BSN number (Social Security Number). You will receive this number a few days after registering at the city hall.
- to send us a copy of a legitimate passport or identity card.
- to sign up for a health insurance within a period of 4 months. These 4 months start, either from the date that you were registered at the city hall or from the date that you start working here in the Netherlands. Please apply before this period of time expires in order to avoid a fine.

If your home country is **not** a EU or EER listed country? Then you will need...

- a BSN number (social security number). You will receive this number a few days after registering at the city hall
- to send a copy of a legitimate residency permit.
- to sign up for a health insurance within a period of 4 months. These 4 months start from the date that your residency permit is of effect. Please apply before this period of time expires in order to avoid a fine.

All Dutch citizens are obliged to, at least, apply for the basic insurance. Our Basic Health Insurance is called Beter Af Polis. The content of the Basic Health Insurance have been provided by the Dutch government and is stated by law.

The Beter Af Polis generally covers:

- Medical care, including general practitioners, hospitals, medical specialists and midwives / obstetrician
- Hospital admissions
- Dental care (with some exceptions) is included for young people up to the age of 22 without it applying to the obligatory deductible excess
- Medical aids
- Medication
- Maternity care
- Patient transport (ambulances and transport of sitting patients)
- Paramedical care (limited physiotherapy / exercise therapy, speech therapy, ergotherapy /occupational therapy, dietary advice)

Furthermore, you can also choose to apply for a supplementary insurance, which is called, **Beter Af Plus Polis**. This insurance offers you a wide variety of health care that suite your everyday needs. A few important reimbursements such as; physiotherapy and foreign health care (if you, for example, need to pay a visit to your family outside of the Netherlands) are all included in this batch.

If you would also like to have dental care included in your health insurance, then our dental batch, **Beter Af Tandarts Polis**, offers a suiting coverage. We would kindly like to inform you about all its assets and possibilities.